

Balance Boost Days 2024



Donnerstag

CHECK-IN

Welcome to the Balance Boost Days!

BALANCE BOOST TRAINING

17:00 Uhr - 18:00 Uhr

Training by Desiree



Freitag

BALANCE BOOST TRAINING

08:00 Uhr - 09:00 Uhr

Training by Desiree



FOOD BALANCE COACHING

12:00 Uhr - 13:00 Uhr

“Fit auf Reisen” by Michael Christian Mayer



IF YOU CAN MOVE IT, YOU CAN „dancit“

14:00 Uhr - 15:00 Uhr

dancit fitness by Christian Polanc



BALANCE BOOST TRAINING

16:00 Uhr - 17:00 Uhr

Training by Desiree



Samstag

BALANCE BOOST TRAINING

09:15 Uhr - 10:15 Uhr

Training by Desiree



HAPPY BALANCED COLON

15:15 Uhr - 16:15 Uhr

Founder of Fairment Paul Seelhorst



Sonntag

BALANCE BOOST TRAINING

10:45 Uhr - 11:45 Uhr

Training by Desiree



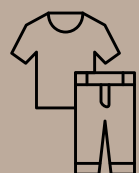
CHECK-OUT

Time to say goodbye!

Dresscode



Sportkleidung



Comfy + Casual

PostHotel

ACHENKIRCH